



COMMUNAUTE BOUDDHIQUE ZEN VILLAGE DES PRUNIER

Official Announcement

Plum Village
November 22, 2014

To all Plum Village Practice Centers,
To all Practice Centers and Sanghas World Wide,
To our Dear Beloved Friends,

Re: Thay's current condition

The doctors have expressed surprise at Thay's resilience and stability over the last week. The intensive treatment continues. Thay's blood pressure and pulse are stable, he is still breathing on his own, and he is becoming increasingly peaceful. However, in recent days Thay has been sleeping more deeply and communicating less.

The monks and nuns attend our teacher continuously at his bedside, breathing with him, embracing him with their love, praying that the millions of healthy cells in Thay's body may become millions of bodhisattvas, helping his brain to heal. As Thay's condition remains critical, please intensify your practice of generating the energy of Great Compassion of Avalokita for Thay.

Let us support Thay by sustaining our practice of mindfulness throughout the day, wherever we are, keeping Thay alive within us and within our community. With deep conscious breaths and mindful steps, we can allow Thay's teachings to ripen within us, helping us see Thay's *continuation body* and Thay's *sangha body*.

May we let go of resentments against those who have hurt us, and release our fear and sorrow, by coming back to the calm and gentle breathing that Thay has transmitted to us. This is the best way we can support Thay and be his beautiful continuation.

With trust and love,

The Monks and Nuns of Plum Village

Future reports on Thay health and recovery will be posted officially at plumvillage.org, langmai.org, villagedespruniers.org, and www.facebook.com/thichnhathanh.